



# TALK ABOUT ALCOHOL

**PSHE/PSD 11-14  
WORKSHEET 2**

## **GOOD FRIENDS?**

Here are three situations. Read them in your groups and decide together how you would answer the questions below. If you don't agree with each other, write down more than one answer.

### **Sleepover**

You and three friends are at a sleepover. One of the friends pulls out some cans of beer from their bag. You know that one of the others definitely won't want to join in. But the third friend may. The friend who bought the beer along will definitely want everyone to join in and, if they don't, will start accusing them of being no fun.

1. Are there risks in drinking the beer?
2. What is the responsibility of the friend who bought the beer?
3. Is it up to everyone to make their own decisions about whether to join in?
4. If you are real friends, what should you do?

### **Wedding bells**

You're at a wedding. There is lots of food about and lots of alcoholic drink. You have a friend from school who's also at the wedding. You see that your friend is being pressurised by some older people to have a drink. They're making fun of your friend who is clearly feeling very uncomfortable and doesn't want to drink it.

1. What could you do to help your friend?
2. What will your friend want you to do?
3. If your friend knows you are there and haven't done anything, will it affect your friendship at all?
4. If you were in your friend's situation, what would you want your friend to do?



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## **Party time**

You are at a party and most of the people are your age. One of your friends comes over to you and says they've put some alcohol in the orange drink they've got. The alcohol is clearly affecting your friend. A short while later your friend starts to get a bit silly and you can see it's only going to get worse. No-one else realises yet that your friend has been drinking alcohol.

1. As a mate, do you have any responsibility or is it up to your friend to look after themselves?
2. What things might you do in this case that could help?
3. Knowing that your friend could make a complete fool of themselves or, worse, get themselves into real trouble, what would they want you to do?
4. What would your friend do for you if you were in this situation? And does that mean you have to do the same or not?
5. Compare the answers you've given with other groups'. Does everyone have the same idea of friendship?