



# TALK ABOUT ALCOHOL

PSHE/PSD 14-16  
WORKSHEET 5

## HOW WELL DO YOU KNOW YOUR AGE GROUP?

### HOW DO WE COMPARE WITH OTHER TEENAGERS IN EUROPE?

Do you know how many young people drink alcohol regularly? Or how much they drink on average? What proportion of people your age get drunk regularly? The European School Survey Project on Alcohol and other drugs (ESPAD) conducts an international study investigating alcohol drinking, smoking and drug use among 15 and 16-year-olds in 35 European countries. The study was carried out in 1995, 1999, 2003 and in 2007.

- ▶ Answer these questions below by yourself.
- ▶ Then compare your answers with a friend. Discuss any answers where you disagree. Change your mind if you want but stick to your answers if you think you're right.
- ▶ Your teacher will then give you the right answers.
- ▶ Look at the questions at the end.

## ACTIVITY

### ONE

Let's consider a number of countries from the different region of Europe:

Sweden, Finland, Denmark, UK, Germany, France, Italy, Portugal, Hungary, Poland, Czech Republic and Spain

1. In the twelve countries studied, what percentage of 15-16 year-old students had drunk alcohol at least once in the last 30 days?  
a) 22%                      b) 45%                      c) 67%
2. In the twelve countries, what percentage of boys aged 15-16 had drunk more than 10 drinks in the last 30 days  
a) 7%                      b) 13%                      c) 23%
3. In the twelve countries, what percentage of girls aged 15-16 had drunk more than 10 drinks in the last 30 days  
a) 7%                      b) 13%                      c) 23%
4. In the twelve countries, what percentage of 15-16 year-old boys admitted to be drunk (ie staggered when walking, not being able to speak properly, throwing up or not remembering what happened three times or more in the last 30 days?  
a) 7%                      b) 11%                      c) 17%



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5. In the twelve countries, what percentage of 15-16 year-old girls admitted to be drunk (ie staggered when walking, not being able to speak properly, throwing up or not remembering what happened » three times or more in the last 30 days?  
a) 5%                      b) 7%                      c) 15%
  6. In the eleven countries (the twelve minus Spain), what percentage of 15-16 year-old boys admitted first drunkenness at the age of 13 or before?  
a) 6.5%                      b) 15.9%                      c) 20.3%
  7. In the eleven countries (the twelve minus Spain), what percentage of 15-16 year-old girls admitted first drunkenness at the age of 13 or before?  
a) 6.2%                      b) 12.8%                      c) 17.7%
  8. On average how many drinks 15-16 old students said they had consumed at the last drinking occasion?  
a) 1-2 drinks                      b) 2-3 drinks                      c) 3-4 drinks
  9. On the last drinking occasion, which of the 3 countries below reported the highest consumption?  
a) UK                      b) Denmark                      c) France
  10. Do you think...
    - a) Teenagers drink in different ways in different countries? YES / NO
    - b) Girls are catching up with boys?                      YES/ NO
    - c) That more boys drink to get drunk than girls? YES/NO
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1. As a class, see how many people got each question right, how many thought the right answer was higher than it was, and how many thought it was lower.
  2. Look at the scores for each question. Were most people right? If not, what do their answers tell you?
  3. Which answer surprises you most?
  4. Do you think young people underestimate or overestimate the amount of alcohol drunk by OTHER people their age? Explain your answer.
  5. Overall, how well do you know your age group?